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PEXELS

STAYING IN THE CITY THIS MEMORIAL DAY WEEKEND?

Here are events you can't miss. 24

Meet the 'Game of Thrones' weapons expert. 20

Is Alfaro the next 'Pudge'? 29

ISTOCK

PEDALING FORWARD

A Philly biker nearly lost her foot after she was hit by a truck in Center City. Now she wants bike safety for all. 4

5 THINGS TO KNOW

WELCOME TO METRO PHILLY

MORGAN ROUSSEAU, MANAGING EDITOR

For those of us who love to cycle, it's a burden to constantly be worrying about our safety, not to mention the safety of our fellow cyclists. Check out our story inside on one local woman's harrowing story of survival after she was struck by a delivery truck, and find out how she's fighting for more bike safety. We also have the latest local and national stories you need to know inside and at our website, **metro.us.** Follow us on Twitter @MetroPhilly and find us on Facebook to stay up-to-date with our latest stories.

NFL TEAMS TO BE FINED FOR ANTHEM KNEELING

1 The NFL on Wednesday announced a new policy that will fine a team if a player refuses to stand for the national anthem, and declared in a statement: "This season, all league teams' personnel shall stand and show respect for the flag and the anthem." The league said players will be allowed to remain in the locker room while the anthem is played if they choose, but if a player kneels on the field during the national anthem, the team, not the individual players will be fined an undetermined amount. The new rule comes almost two years after Colin Kaepernick first kneeled during the anthem, calling attention to police brutality and racism in America. Other NFL players followed suit, sparking a national debate about player protests and infuriating the president, who called the protests unpatriotic. "Get that son of a b— off the field right now. Out, he's fired. He's fired!" Vice President Mike Pence also walked out of a game after some players kneeled during the anthem.

STUN GUN VIDEO OF NBA GUARD WORRIES MAYOR

2 Milwaukee mayor Tom Barrett said he is concerned about public backlash that could emerge when a video of police officers tasing Bucks guard Sterling Brown is released to the public this week. "I'm going to let the release of that speak for itself, but yes, I definitely have concerns after watching that video," Barrett told reporters Monday, adding that Police Chief Alfonso Morales felt similarly. In the body-camera video, which could be released as soon as Wednesday, Brown "doesn't appear to be provocative at all" before officers use a stun gun on him, a source told the Milwaukee Journal Sentinel. The source added, "This could be bad." Brown, then 22 and now 23, was arrested on Jan. 26 after police used a taser while Brown was being questioned by officers over a parking violation in a Walgreens parking lot. Brown was cited for a parking violation but not charged following his arrest. The officers involved are currently under internal investigation, the status of which is unclear. The video has been shown to a few local officials and Bucks team officials, though the team declined comment to the Journal Sentinel.

CONGRESS PROTEST AGAINST HIKE IN PETROL AND DIESEL PRICES

3 West Bengal Pradesh Congress Committee formed a human chain to protest against the increase of petrol and diesel at Gariahat crossing on Wednesday in Kolkata, India. The rally started from Ballygunge crossing and ended at Gariahat crossing. Petrol and diesel prices have been raised for the ninth straight day across the country.

GETTY IMAGES

TRUMP MAY IMPOSE TARIFFS ON CAR IMPORTS

4 The Trump administration is considering a proposal to impose new tariffs on imported vehicles, invoking a national security law used to impose tariffs on aluminum and steel, an administration official and three industry officials briefed on the matter said. Another administration official said the move was aimed partly at pressuring Canada and Mexico to make concessions in talks to update the North American Free Trade Agreement that have languished in part over auto provisions, as well as pressuring Japan and the European Union, which also export large numbers of vehicles to the United States. "There will be big news coming soon for our great American Autoworkers. After many decades of losing your jobs to other countries, you have waited long enough!" President Donald Trump said in a tweet on Wednesday. Trump, who has pledged to revive American manufacturing, has launched a series of trade actions, demanding China import more American goods, starting talks to renegotiate NAFTA and imposing tariffs on steel and aluminum imports.

MULTIPLE CASUALTIES IN BAGHDAD BOMB BLAST

5 Multiple people were killed or wounded in a suicide attack in Iraq's capital Baghdad on Thursday, Iraqi security services said. The attack took place in the predominantly Shi'ite Shula district, in northwest Baghdad. According to a statement from Iraq's National Security media center, the attacker detonated an explosive vest after he was besieged by security forces at the entrance to the Saqlawiyah park, resulting in the death and injury of "a number of civilians." No group immediately claimed responsibility for the attack, though it bore the hallmarks of Islamic State. Iraq declared victory over the hardline Sunni militant group in December 2017. Although the group has largely been defeated, it continues to carry out sporadic attacks and operate limited cells in the country, particularly in the north, around Iraq's second city Mosul. Islamic State has claimed previous attacks against security forces and in public places in mainly Shi'ite dominated areas. Earlier this month, the group claimed a deadly gun attack in Tarmiya, an area 15 miles north of Baghdad.

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Fighting for cycling safety for all

Regan Kladstrup, seen with her attorney Stuart Leon, is recovering from a September 2017 collision. PROVIDED

Metro's bike columnist Randy LoBasso reflects on preventable bike-truck crashes, like the one that nearly lost cyclist Regan Kladstrup her foot.

RANDY LOBASSO
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Last year, Regan Kladstrup was traveling on her bicycle from 4th and Walnut to a meeting at the University of Pennsylvania, where she works.

She came up to a red light at the intersection of Spruce and Broad and stopped in the bike lane, next to a delivery truck in the vehicle lane. Waiting for the light to turn green, she noticed the truck beginning to make a right turn against the red light, into her.

"So, I started hopping with my bike over to the sidewalk," Kladstrup, 49, says from the living room of her Fitler Square apartment on a recent afternoon, "and, after a certain point, I knew some part of me was going to be hit."

Doctors and witnesses would later tell Regan her leg was pulled into the wheelbase of the truck, and she was dragged along the sidewalk onto the corner of Spruce and Broad Street.

"And I'm told the truck continued its turn onto Broad Street and that people stopped the truck there," she says. "Whether that's true, whether he stopped at his own accord, I don't know."

When she got to the emergency room, she was told doctors would be amputating her foot and, she says, "that made a lot of sense," considering what it looked like.

This was Sept. 14, 2017, about two months before Philadelphians banded together to protest the lack of protected bicycle infrastructure on streets around the city. In November, 24-year-old Emily Fredricks would be killed on Spruce Street, also by a large truck; Rebecca Redford would suffer horrific injuries after being run over by a truck in an intersection of Spruce Street in December. They're just a few of the dozens of cyclists who've been injured or killed on what were once Philadelphia's safest cycling corridors.

Spruce and Pine streets, like bike lanes all over Philadelphia, are in need of heavy repairs. And on June 4, several ordinances will be debated in City Council regarding the future of Spruce and Pine.

> **"I'd like to see very visible indications of bike lanes, and bike lanes that don't mysteriously disappear at times."**
> Regan Kladstrup

Bicyclists interested in increased safety — like flipping the Spruce Street bike lane from the right to the left, which will help motorists see cyclists; and adding some physical protection to the street, which could stop drivers from causing crashes like the one Regan was involved in should come to the hearing on June 4, from 1 to 4 p.m. and show support for safer infrastructure.

Some of the changes are being met with resistance from near-neighbors, who like using the bike lane to park their car and unload their groceries. Society Hill Residents Association narrowly voted against adding safety benefits to the streets.

As for Regan, 10 surgeries later, she's still in a wheelchair, but expects to walk soon — her doctors were able to help her keep her foot — and, hopefully, one day, get back on a bike.

"That will be the real test," she says, "riding a bike again."

She has some requests, though.

"I'd like to see very visible indications of bike lanes, and bike lanes that don't mysteriously disappear at times," she adds with a laugh. "I don't think it's enough to say that we have bike lanes. They have to function and they have to do their job to separate us from traffic. And as long as drivers know they don't have to pay attention to them, they're not very effective. I've been in cities where bike lanes work. And it would be nice if we had that here."

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Richard Ferretti, 52, was unarmed when he was shot by police near Overbrook.
COURTESY OF THE FERRETTI FAMILY

Krasner says fatal cop shooting 'justified'

Krasner's office found Ferretti drove his vehicle at police in Overbrook, a story the family denies.

SAM NEWHOUSE
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A Philadelphia police officer acted legally in May 2016 when he fatally shot a 52-year-old unarmed man driving a car near Overbrook, the Philly DA's office announced Wednesday, because the man was accelerating toward the officer.

It's the first public announcement by new DA Larry Krasner of a finding in a police-involved shooting since he took office.

On Wednesday Krasner said officer Shannon Coolbaugh was "legally justified" in shooting Richard Ferretti four times because Ferretti had refused multiple orders to show his hands and was accelerating his car toward the officer.

That flies in the face of the Ferretti family's claims that he was merely circling the block in Overbrook looking for parking at the time of his death. A year after the shooting, they claimed they had never been told why Coolbaugh had to fire in a lawsuit against the police department for Ferretti's death.

After prosecutors "examined videos of the incident, interviewed multiple witnesses, and reviewed the investigative reports of relevant city agencies," they found it supported the officer's version of events, Krasner's office said.

Coolbaugh and several other officers responded to the 6300 block of Overbrook Avenue near St. Joseph's University around 1 a.m. for reports of a suspicious vehicle.

"The driver of the vehicle ignored multiple instructions to show their hands and then accelerated towards Officer Coolbaugh," a press release from the DA's office said. "The officer fired his service weapon four times at the suspect, striking him three times on the left side of his body."

But the Ferretti family's attorney Kenneth M. Rothweiler said he was "shocked" by the DA's announcement, and said he doesn't believe his client would threaten a police officer.

"For them to take two years and decide that my unarmed client that was just looking for a parking space deserves three bullets in him, to me, is just incomprehensible," Rothweiler said. He cited media reports that a witness heard Ferretti say, "I'm stopping, I'm stopping," just before gunshots rang out.

"The story that my client was trying to run down the police officer makes no sense," Rothweiler said. "My guy was just looking for a parking spot. He wasn't a fugitive, didn't have any guns in the car, he's just a normal, nice guy."

"The officer fired his service weapon four times at the suspect, striking him three times on the left side of his body."

Press release from the DA's office

Rothweiler added that the shooting still violates Philadelphia police use of force guidelines, which state "Police officers shall not discharge their firearms at a vehicle unless a person in the vehicle is immediately threatening the officer or another person with deadly force by means other than the vehicle (e.g., officers or civilians are being fired upon by the occupants of the vehicle). ... A moving vehicle alone shall not presumptively constitute a threat that justifies an officer's use of deadly force."

Internal Affairs is still investigating the shooting, and will soon interview Coolbaugh, who remains assigned to administrative duty while the investigation is pending.

"We as a department still have to review whether there were any departmental violations," Capt. Sekou Kinebrew said Wednesday at an unrelated police press conference.

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Celebrity Boxing creator Damon Feldman, left, served 14 months for assault after breaking an ex-girlfriend's nose in 2016, seen at right in pictures she provided. She's now planning to sue him. PROVIDED

Celebrity boxing promoter faces lawsuit by battered ex

Celebrity Boxing creator facing lawsuit from ex-girlfriend he served 14 months in prison for assaulting.

SAM NEWHOUSE
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Celebrity Boxing creator Damon Feldman has been on a publicity tour in recent months touting his book, a memoir of his career organizing bouts between washed-up celebrities that touched on his own battles with depression.

But Feldman left one key part out: He spent nearly 14 months in a state correctional institution for aggravated assault after breaking an ex-girlfriend's nose.

The ex-girlfriend said she came forward and decided to sue Feldman for damages in part after seeing him promote his new memoir, "The 16 Minute Man," without acknowledging or mentioning his October 2016 arrest or time in prison.

"It's been very hard to see all this in the paper and to know the truth. He doesn't have a history of depression, he was in jail for 14 months for beating me up," said the woman, 45, who asked not to be identified due to privacy concerns. "I was going to let things go and I realized I can't."

Court records show Feldman pled guilty in May 2017 to the October 2016 assault on his ex-girlfriend in Chester County. She said he punched her in the face, knocking her out and breaking her nose, after an argument arose one night. She called 911. Feldman left the house, but later returned while police were on the scene and was taken into custody, she said. He served 13-and-a-half months at George W. Hill Correctional Facility.

"I'm sorry to her from the bottom of my heart," Feldman said on Wednesday of the incident, who said he had a severe drinking problem at the time. "I'm sorry to all the women that I'm friends with and business associates with. ... It's not something that ever happened before in my life, it never will again. I was suffering. My dad was dying from Alzheimer's, I was drinking and I was depressed. ... I'm terribly sorry, this isn't me."

Feldman's ex-girlfriend claims the attack he was arrested for was the third and worst time Feldman hit her over their yearlong relationship, and required three reconstructive facial surgeries. Feldman had previously punched her once at their apartment, and once in July while they were in Center City, she claimed. She shared medical records from her hospital visits in July and October, as well as text messages from Feldman apologizing for the incident.

He declined to comment on the specifics of the night he was arrested. "I hit her, but I don't remember what happened that night, I was that f—ed up," he said. "It's sickening that I was ever involved with this. My mom was a quadriplegic in a wheelchair from being beaten up [by an ex-boyfriend]. ... It was a bad time in my life."

Priscilla Jimenez of Kline & Specter confirmed the firm is working with the woman and said the "suit will be filed shortly."

"My story needs to be told," said Feldman's ex-girlfriend, who now hopes to start a nonprofit providing cosmetic, dental and other medical surgeries to other abuse victims. "If I can help anyone to feel they can come forward, I want to help them. You can feel trapped. I know, because I was manipulated for over a year. ... I finally feel that I've come to the point where I can talk about it and help other people."

SAM NEWHOUSE

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U.S. warns citizens in China after 'abnormal' sound injures consulate worker

The unnamed American citizen assigned to the consulate in Guangzhou had reported a variety of "physical symptoms."

U.S. Secretary of State Mike Pompeo said on Wednesday that a "'sonic attack" reported in Guangzhou, China, had similarities to incidents in Cuba where U.S. diplomats later became ill. GETTY IMAGES

An American citizen working at the U.S. consulate in the southern Chinese city of Guangzhou has reported suffering from "abnormal" sounds and pressure leading to a mild brain injury, the U.S. embassy said on Wednesday.

The embassy, which issued a health alert to Americans living in China, said it could not link the case to health issues suffered by U.S. government staff in Cuba dating back to late 2016.

However, later on Wednesday, U.S. Secretary of State Mike Pompeo told lawmakers that the "sonic attack" in China was "medically similar" to the incidents in Cuba.

The unnamed American citizen assigned to the consulate in Guangzhou had reported a variety of "physical symptoms" dating from late 2017 to April this year, the U.S. embassy in Beijing said in an email.

The worker was sent to the United States for further evaluation. "The clinical findings of this evaluation matched mild traumatic brain injury (MTBI)," the embassy said.

The State Department was taking the incident very seriously and working to determine the cause and impact, the embassy said. Pompeo said that medical teams were heading to Guangzhou to investigate the incident.

The State Department added the Chinese government told the embassy it is also investigating and taking appropriate measures.

"We cannot at this time connect it with what happened in Havana, but we are investigating all possibilities," a U.S. embassy official told Reuters.

China's Foreign Ministry did not immediately respond to a request for comment.

The U.S. government on Wednesday issued a health alert to Americans in China, warning them about the incident it described as "subtle and vague, but abnormal, sensations of sound and pressure".

"While in China, if you experience any unusual acute auditory or sensory phenomena accompanied by unusual sounds or piercing noises, do not attempt to locate their source. Instead, move to a location where the sounds are not present," the emailed alert said.

"We cannot at this time connect it with what happened in Havana, but we are investigating all possibilities"

U.S. embassy official

The U.S. government in October expelled 15 Cuban diplomats from the United States for what it said was Cuba's failure to protect staff at the U.S. embassy in Havana from mysterious health incidents at one point thought to possibly have been acoustic "attacks".

Staff there reported symptoms including hearing loss, dizziness, fatigue and cognitive issues, though Cuban officials dismissed the idea of acoustic strikes as "science fiction" and accused Washington of slander.

The cause of those incidents remains unresolved.

The Canadian government in April said it would remove families of diplomats posted to Cuba after Canadian personnel there in 2017 also reported similar health symptoms. REUTERS

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Pompeo: 'Bad deal' with North Korea not an option

Mike Pompeo said nuclear talks with North Korea may be off the table if a good deal seems unlikely. GETTY IMAGES

U.S. Secretary of State Mike Pompeo said on Wednesday Washington is prepared to walk away from nuclear talks with North Korea if an upcoming meeting between U.S. President Donald Trump and North Korean leader Kim Jong Un heads in the wrong direction.

"A bad deal is not an option," Pompeo said in his written opening statement for a House of Representatives Foreign Affairs Committee hearing. "The American people are counting on us to get this right. If the right deal is not on the table, we will respectfully walk away."

In his first public testimony in Congress since becoming secretary of state last month, the former Republican House member was questioned for more than three hours about a variety of world hotspots, focusing largely on North Korea and Iran but with tough talk also for NATO ally Turkey.

Pompeo expressed hope the North Korea summit will take place on June 12 in Singapore as scheduled after Trump said there was a "substantial chance" it will be called off amid concerns Pyongyang will not give up its nuclear arsenal.

He said Trump would be leading the talks but declined to discuss how many people, or who, would be on the summit team.

Pompeo, who was CIA director before becoming secretary of state after Trump fired Rex Tillerson, has met twice with Kim in Pyongyang. On his most recent trip he brought back three Americans who had been held by North Korea.

Pompeo also addressed tensions with Iran over its nuclear program, saying Washington was seeking to meet with European and other allies on the way forward after Trump pulled the United States out of the 2015 Iran deal earlier this month. REUTERS

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Hit the road, son: Parents win court battle to evict 30-year-old

"I don't see why the judge wants to throw people on the street," Michael Rotondo told reporters.

A judge in Syracuse, New York has ordered 30-year-old Michael Rotondo to vacate his parents' home. ISTOCK

A New York state judge has backed a couple's battle to kick their 30-year-old son out of their home because he has not contributed toward household expenses or helped with chores and they wanted him to get a job.

New York State Supreme Court Judge Donald Greenwood on Tuesday ordered Michael Rotondo to leave his parents' home in the town of Camillus, about 200 miles northwest of New York City, according to Anthony Adorante, an attorney for the parents, Mark and Christina Rotondo.

Adorante declined further comment on the decision, which ended a four-month family battle.

In court documents, Michael Rotondo referred to a "common law requirement of six-month notice to quit" before a tenant may be removed.

"I just wanted a reasonable amount of time to vacate, with consideration to the fact that I was not really prepared to support myself at the time where I was served these notices," the younger Rotondo told local CBS television affiliate WSTM.

"I don't see why the judge wants to throw people on the street."

Rotondo told the station he was employed but declined to comment further. Attempts by Reuters to reach him were unsuccessful.

His parents said they have tried to get their son to leave their home in Camillus, near Syracuse, for several months, according to court filings. The documents included five written notices that the couple said they began sending him on Feb. 2.

"After a discussion with your mother, we have decided you must leave this house immediately," the couple wrote in one of the letters. "You have 14 days to vacate. You will not be allowed to return."

In another note, the parents offered him $1,100 to help look for a job and an apartment and shared advice on how to manage on his own.

"There are jobs available even for those with a poor work history like you. Get one — you have to work!" one of the letters read. In the second-to-last letter, on March 5, the parents warned they would take actions to make sure he left the home.

The judge also asked for adult protective services because he is concerned about the strained relationship, according to WSTM. Michael Rotondo said he plans to appeal the ruling. REUTERS

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Trump threatens to cut aid to countries that do not stop MS-13 gang migrants

President Donald Trump speaks at a roundtable discussion on immigration in Bethpage, New York. GETTY IMAGES

President Donald Trump warned on Wednesday he was working on a plan to reduce U.S. aid to countries he says are doing nothing to stop MS-13 gang members from crossing into the United States illegally.

"We're looking at our whole aid structure. It's going to be changed very radically," Trump told a roundtable discussion about the threat posed by the violent gang.

MS-13, or the Mara Salvatrucha gang, was founded in Los Angeles in the 1980s in part to protect immigrants from El Salvador and has since grown into a sprawling cross-border criminal organization.

Trump has made the fight against the gang a major part of his drive to stem the flow of immigrants illegally entering the United States.

Last week, he called gang members "animals," drawing scorn from Democrats. On Wednesday, he defended his description.

"I called them 'animals' the other day and I was met with rebuke," Trump said. "They said: 'They are people.' They're not people. These are animals," he said.

Trump was joined at the event by Deputy Attorney General Rod Rosenstein, who has drawn criticism from the president for his handling of a federal investigation into Russian interference in the 2016 presidential campaign.

Rosenstein said MS-13 gang members were preying on unaccompanied children who cross into the United States illegally, most of whom must be released from custody. REUTERS

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Trump blocking critics on Twitter violates Constitution: judge

The plaintiffs claimed in their lawsuit that by blocking users for their views, Trump was shutting them out of discussion in a public forum, violating the First Amendment.

A federal judge in New York on Wednesday ruled that President Donald Trump may not legally block Twitter users because doing so violates their right to free speech under the First Amendment of the Constitution.

U.S. District Judge Naomi Reice Buchwald stopped short of ordering Trump to unblock users, saying it was not necessary to enter a "legal thicket" involving courts' power. She said she assumed Trump or his social media director Dan Scavino, who also was a defendant in the case, would unblock the users in light of her decision.

Buchwald's ruling was in response to a lawsuit filed against Trump in July by the Knight First Amendment Institute at Columbia University and several Twitter users.

Twitter declined to comment on the ruling while the White House and the Department of Justice, which represents the president in the case, did not immediately comment.

Trump was a prolific tweeter from his @RealDonaldTrump account even before being elected in 2016 and has since made it an integral and controversial part of his presidency. Aides reportedly have tried to rein in his tweeting, which often starts early in the morning. But he has remained unfettered and used Twitter to promote his agenda, announce policy and attack critics, especially the media, and the investigation into possible Russian connections with his campaign.

President Donald Trump speaks to members of the media before departing for New York on the South Lawn of the White House in Washington. GETTY IMAGES

The plaintiffs claimed in their lawsuit that by blocking users for their views, Trump was shutting them out of discussion in a public forum, violating the First Amendment.

When one Twitter user blocks another, the blocked user may not respond to the blocker's tweets on the social media platform.

Media reports say among those Trump has blocked are novelists Stephen King and Anne Rice, comedian Rosie O'Donnell, model Chrissy Teigen, actress Marina Sirtis and the military veterans political action committee VoteVets.org.

The individual plaintiffs in the lawsuit include Philip Cohen, a sociology professor at the University of Maryland; Holly Figueroa, described in the complaint as a political organizer and songwriter in Washington State; and Brandon Neely, a Texas police officer.

Buchwald agreed with the plaintiffs' contention that the discussions arising from Trump's tweets should be considered a public forum. She rejected an argument made by Justice Department lawyers that Trump's own First Amendment rights allowed him to block people with whom he did not wish to interact.

"While we must recognize, and are sensitive to, the president's personal First Amendment rights, he cannot exercise those rights in a way that infringes the corresponding First Amendment rights of those who have criticized him," Buchwald said.

Buchwald said Trump could "mute" users, meaning he would not see their tweets while they could still respond to his, without violating their free speech rights.

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Hearing delayed in Trump lawyer Michael Cohen's New York court case

A New York federal judge has postponed to next week a hearing in the case brought by President Donald Trump's longtime personal lawyer Michael Cohen to limit prosecutors' review of documents seized from his home and office.

The hearing, which had been scheduled to take place Thursday, is expected to address the ongoing review of the seized documents by a court-appointed official called a special master, as well as a motion by adult film star Stormy Daniels to intervene in the case. U.S. District Judge Kimba Wood rescheduled the hearing for May 30 in an order late Tuesday evening.

The special master, former federal judge Barbara Jones, is tasked with reviewing whether the seized documents are protected by attorney-client privilege before turning documents that are not protected over to prosecutors, who are investigating Cohen for possible crimes related to his business dealings.

Michael Cohen, former personal attorney for U.S. President Donald Trump pictured in a file photo. GETTY IMAGES

Daniels, whose real name is Stephanie Clifford, has sought to intervene in the case, saying some of the seized materials could relate to her. Daniels has said Cohen paid her $130,000 to keep quiet about a sexual encounter she had with Trump, which Trump has denied.

Cohen has not formally opposed Daniels' intervention, but has asked Wood to bar her attorney, Michael Avenatti, from representing her in the case, claiming he violated court rules by making false statements about Cohen in media appearances.

Wood has ordered prosecutors, Cohen and Daniels to submit a joint agenda for the hearing by Friday. REUTERS

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This plant 'grows' in public areas to power your gadgets

goTenna uses ultra-high frequency radio waves to transfer data device to device.

DANIEL CASILLAS
letters@metro.us

Keeping mobile devices charged is important for many people. And Primo Wind offers an opportunity to work in a different and sustainable way with EnergiPlant, a tree-shaped installation that provides power generated by wind turbines and solar panels. In addition, it has WiFi connection, which extends for more than 15 meters around it, as well as security cameras with dynamic streaming. Metro chatted with Ned McMahon, CEO at Primo Wind, to know more.

NED MCMAHON
CEO ot Primo Wind

Q&A

What led you to develop EnergiPlant?
I developed the EnergiPlant from the off-grid work we had done with the Navy. We always believed our patented wind turbine design should be an "and" technology rather than an "or." I think there is no better way to keep batteries charged than with a combination of wind and solar. Once there is a resilient energy platform it can be used for anything. Our EnergiTree (without the benches) is perfect for powering remote villages whether in the Arctic or in Africa. Lights, pumping water, communications can all be handled easily. As a board member at the Kroc School for Peace Studies at USD these remote markets where important to me. Once you add benches in an urban setting all the security and data that new smart cities want can be delivered with a clean renewable energy platform – the EnergiPlant.

What are this device's main functions?
It is a security and data platform powered by renewable energy and suited for off-grid installation. Security cameras, WiFi, and all sorts of data from air quality to heat mapping and much more is available. Farmers can even use the EnergiTree version to tell when crops may need irrigation or to count wildlife.

How does it work? Does the EnergiPlant generate its own energy?
Yes, with a combination of wind and solar constantly charging batteries the EnergiPlant needs no hard wiring or foundation and can be placed almost anywhere.

Where can these 'trees' be installed?
They can be installed virtually anywhere, and with security and data it can be as simple as lighting and USB charging to cameras, two-way communication, people counting, weather, and more – its almost limitless as to the data that can be captured.

caption PRIMO WIND

"There is no better way to keep batteries charged than a combination of wind and solar."

Ned McMahon, CEO at Primo Wind, told Metro.

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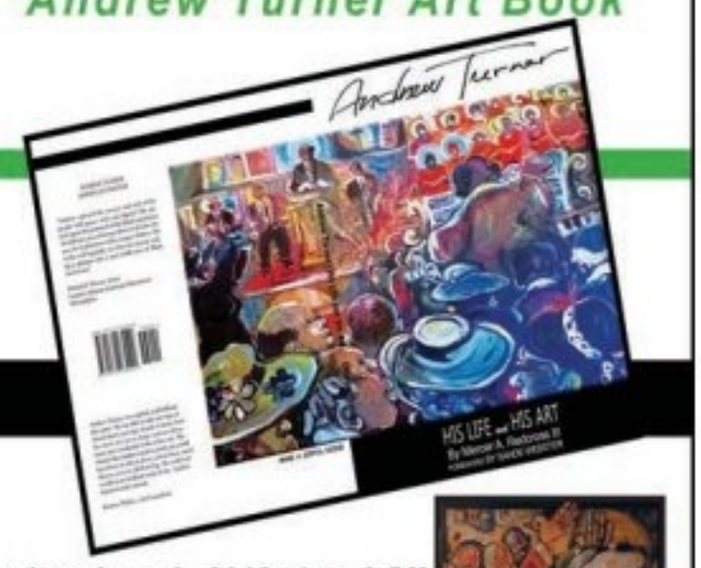

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Amazon's facial-recognition service is being sold to law enforcement agencies

If law enforcement agencies use Amazon Rekognition, they could potentially identify people in photos and videos in real time. GETTY IMAGES

Amazon is marketing its facial recognition services to law enforcement agencies around the country which would enable them to track, identify and analyze people in real time, according to the American Civil Liberties Union (ACLU).

Amazon, one of the biggest tech companies in the world, and is known to many people for its Amazon Prime paid subscription service that lets customers order products with free two-day shipping, and offers video and music streaming services, wants to provide artificial intelligence and facial recognition technology to local police departments and other law enforcement agencies.

The Amazon facial recognition service is being marketed with the name Rekognition and has the ability to detect and analyze people from photos and videos, which makes sense why the tech company is trying to get law enforcement agencies on board. According to the official Amazon Rekognition marketing video, the presenter says one of the common uses for Rekognition is for public safety.

According to Amazon, Rekognition can be used by law enforcement agencies to recognize a "person of interest" across an existing database containing millions of images and video, all in real time. The service works in conjunction with live street cameras installed by law enforcement agencies.

The Washington County Sheriff's Office has successfully integrated their database of 300,000 mugshots with the Rekognition service. The City of Orlando is currently using the service in a pilot program.

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These entrepreneurs are making an around-the-world helicopter trip

A group of three entrepreneurs makes a journey through 45 countries on five continents in 84 days to break the world record.

LYANNE MELÉNDEZ GARCÍA
letters@metro.us

Portuguese father and son Ruben and Diogo Dias along with Canadian Mischa Gelb. CONTRIBUTED

Many people dream of traveling the world or visiting as many countries as possible. But doing it by helicopter is something extraordinary. This is the journey three entrepreneurs, who started with the dream of traveling around the world and promoting a healthy lifestyle, are experiencing.

On the 16th day of their trip, Canadian Mischa Gelb and Portuguese Ruben and Diogo Dias, father and son respectively, landed in Puerto Rico to spend a night as part of their trip in which they estimate to visit 45 countries in 84 days in order to beat the world record.

"It's a mission that starts and ends in Canada. We are going around the world in a very particular way because we are crossing the equator once and going through two opposite points of the world," Dias Sr. explained to Metro when they arrived at the Fernando Luis Ribas Dominicci Airport in Isla Grande, Puerto Rico. "It's like if we were making a hole here and going through to the other side. Those are two opposite poles."

"This same trip around the world has only been done once, and we are looking to break that record," he said about the record achieved by a British helicopter last year.

The U.S., Mexico, Guatemala, El Salvador, Costa Rica, Panama, Colombia and Caribbean islands are some of the 10 countries the group has already visited after leaving Whistler, Canada, on May 1.

Their best experience so far was in Colombia. There is an antipode: Indonesia, where they plan to be by next June 25.

"The antipode in Colombia was extraordinary. It is a small city and the people are extremely friendly and they were extremely excited to receive us. It was something special," recalled Gelb, who at age 18 bought his first helicopter.

Other important points of the trip are crossing north up to Greenland, which they will visit in two weeks.

"The northern passage has many issues that need to be thought out very well. Greenland, Iceland and Faroe Island will be very important moments in the trip," Dias, who added Saudi Arabia as an attentive moment due to the sandstorms where visibility is very limited, said. Just in terms of fuel they will spend $30,000. They will need 27 thousand liters of gasoline to go around the world. However, Dias explained that "that's just a part of the cost, there are other costs involved such as authorizations, specific insurances. But we do not like to talk about the total cost."

They also have the backing of the General Aviation Support Egypt (GASE), which organizes adventure flights around the world and offers help. Their project called EPIC World Tour which they show through blogs on their website, is an idea that they have had in mind for a long time but once they starting talking about it, they developed it in two years.

> *"It was a very spontaneous thing, but it was because we both had been planning it for many years without knowing it: many, many years ago."*
> Ruben Dias

"It was a very spontaneous thing, but it was because we both had been planning it for many years without knowing it: many, many years ago," Dias, who has been dreaming about making this flight ever since he was 13, remembered.

Through their EPIC World Tour project, they seek to empower young people in business life, talk about the importance of starting projects early and plan them. In addition, they carry a healthy lifestyle message and have proposed to exercise in each country they visit.

"We hope to jog everywhere we visit," Dias highlighted.

"We want our idea to inspire kids to start their own company," he added, explaining that they waited 30 years to make the flight, which took two years of concrete planning.

The 84-day trip is not their only project. Entrepreneurs are already thinking about new goals. "We have many dreams, some things that we are planning and that are possible, related to big things. But everything at its own time, we have a very big project. We want to continue with the EPIC project in different ways, we want to embrace younger generations," the Portuguese businessman said.

On the other hand, they have ideas related to the world of helicopters. But in the meantime, they do not rule out in the future to go around the world in another means of transportation, for example, on a boat.

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Please. Stop. Clipping. Your. Fingernails. In. Public.

Pat King
Grumble Editor

There are some things that you see in public that will stick with you for the rest of the day. One of these momentum-changing events is sitting across from someone on a crowded bus, subway or even a busy office

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When will the insanity stop? ISTOCK

who is clipping their fingernails with no regard of their surroundings whatsoever. If you're like me, you can recall the feeling that this situation creates at the drop of a dime. Your skin crawls out of sheer terror as you hear the sounds breaking nails underneath the pressure of the metal clippers and see the discarded off-white C-shaped trimmings scattered across the floor. Shouldn't clipping your fingernails be more of a private personal hygiene thing? I'm sure wherever you are going has a bathroom that you could quickly duck into before trimming your claws down to a reasonable level. So why choose the middle of a public place where everyone is simply trying to get through their days? My commute is hard enough with having to dodge your fingernail boomerangs as they spin toward my face! Friends, get it together.

GRUMBLE WINNERS:

Hey, fellow Grumblers! Today is your lucky day. We have chosen the week's five best responses and each of these expert "social assassins" will receive a $25 gift card to Amazon Prime on us as our appreciation for your grumblings. Make sure to send in your Grumbles for a chance at next week's prize! And now, the winners are...

1 Metro US reader **Mark Osborne** for his epic take down of smokers choosing the worst places to smoke.

2 **Linda Connelly** and her plea to humanity to be just a little more respectful.

3 Metro Philly reader **Brian Gerber** and his outrage with bicyclists not following the rules of the road.

4 **Madeline Jones-Jenkins** of Philadelphia and her case against the evil that is known as manspreading.

5 Metro US reader **Kevin Reid** for putting annoying office co-workers on blast.

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Aries Take your time. Listen to others and pay attention to detail. Prepare to take action, and strive for positive results.

Taurus Erratic behavior on your part or someone else's part will lead to trouble and a potential falling-out. Choose your words wisely and only act when you are fully prepared.

Gemini Share your feelings and present what you have to offer. Take action and look for those who have similar ambition to join you. Don't let the past interfere with the future.

Cancer Listen to what people are saying and refrain from making a judgment call based on hearsay alone. Get your information firsthand and proceed with compassion and diplomacy.

Leo The people you associate with will make a difference to the way your day unfolds. Stick to the people you know and understand, and avoid anyone who is a bad influence.

Virgo If you take part in events, change will happen. You can make a difference if you are up-front about how you would like to see things unfold. A function you attend will be informative.

Libra Take care of your responsibilities before you make a fuss. Someone will complain if you fall behind or fail to do your fair share. Take better care of your health.

Scorpio Look for a unique way to use your skills and knowledge. A personal change will make you stand out and grab the attention of someone you find interesting. Romance is highlighted.

Sagittarius Don't get loose with your cash when trying to impress someone. If you use your finesse and charm to attract attention, you'll do just fine. An innovative approach to work will pay off.

Capricorn Be careful how you handle business or personal partners. An emotional incident could set off an argument or cause uncertainty at home or with a close friend or relative.

Aquarius Stick close to home and carry out changes that will make your place inviting. Think matters through before you start a discussion that could alter an important relationship.

Pisces If you share your knowledge, experience and skills, you will be praised for your contribution. A real estate deal, move or renovation will improve your life. Financial gain is within reach. EUGENIA LAST

'Game Of Thrones' weapons expert on making the show's huge arsenal

Don't mess with Natalie Lee. ANDERSON GROUP PR

Wielding flaming swords is part of the job. HELEN SLOAN/HBO

The armorer has worked on it since the beginning.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

"Game Of Thrones" armorer and weapons expert Natalia Lee is already thinking about life beyond Westeros.

Not only has she just moved to Los Angeles from Australia, but she's also having to embrace a hoard of different weapons, because the city doesn't do "a lot of sword based work."

Lee hasn't worked with firearms in nearly a decade because she has been busy on all eight seasons of "Game Of Thrones," and she broke down for us exactly what goes into making the show's huge arsenal of weapons as well as how she originally got into the profession.

When did you first become an armorer?

I don't think anyone wakes up and thinks, "I'm going to become an armorer." I don't think anyone ever knows what the jobs is. I did martial arts, archery and stunt training as a teenager. I had an old school American cowboy that would teach me whip training, which would be good later on when I was doubling as whip stuff. I did security work. So that was firearm's training, then went into police work as a civilian working in an armory there on the bomb squad. Looking after their ammunition and their weapons needs. And doing minor weapons repairs. So I was always gravitating towards it.

What inspired some of your creations?

For Heartsbane, which was the House Of Tarly sword that Samwell Tarly used, I studied biblical paintings. I wanted a classical hunting sort of look. It took me weeks to get that and sketch all of the individual elements. I ran a beautiful arrow down the full length, from the pommel to the cross guard and then flared it out. We then used 3D sketching to create a mold, which we would put in bronze casting. All of that took months. Then we will have variations. We will do rubber variations, we will do rubber variations for fights and for safety in case someone is jumping off a horse. That needs to be meticulously painted to make it look real. Sometimes the research can be horrible, looking at maimed animals from renaissance painting. It isn't nice looking at dead animals all the time. But a lot of detail goes into it, looking at it from a design point of view and then a historical point of view. Fans can get a lot of it. Because sometimes directors can zoom in on it and that will give you some of the ancestral story of the families.

"A lot of detail goes into it, looking at it from a design point of view and then a historical point of view. Fans can get a lot of it."

That must be very rewarding.

We had a lot of creative freedom on the show. I think it is the most I will ever get to be honest. I recently did Amazon's "Jack Ryan" in Morocco, which is based on a CGI thriller, and it was all modern weaponry. Which meant that it was fixed historically and you had to be very genuine and authentic. Everyone is very particular and specific. This is definitely one project where I was able to actually design stuff, concealing daggers in wrist bracelets and stuff like that. We then nudge the directors and creatives to add that in there, so we were able to influence how death scenes unfold.

Gendry's got nothing on Natalie Lee. HELEN SLOAN/HBO

Who do you have those discussions with?

Ultimately we report to [showrunners] Dan Weiss and Dave Benioff. They are our gods. They will approve everything. With weapons we have had a lot of leeway, and they have allowed us to come up with things. They want us to keep it gritty and realistic and based in medieval warfare. They are quite specific if they want something. We wanted to push the boat out and give a lot more detail in the weapons for the fans. Because some of them will be kept as replicas and go down in TV history. Plus everyone who watches it knows so much. They know all the names of the swords, they really add to it and bring it to life. And some people do overanalyze it. But that's great. Because that's like going into a gallery. If no-one wanted to talk about it you'd be disappointed.

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Natalie Dormer's dark new drama debuts on Amazon

The "Game of Thrones" alum stars in "Picnic at Hanging Rock."

ANDREW HUSBAND
letters@metro.us

"Game of Thrones" alum Natalie Dormer gets dark in the new Amazon drama. AMAZON

GETTY

Ever since the death of her "Game of Thrones" character Margaery Tyrell in the season six finale, English actress Natalie Dormer has kept a low profile.

She starred in the 2016 horror "The Forest" and performed voiceover work for video games, but none of her forthcoming roles were set to debut until later this year. The first of these, the mysterious widow Mrs. Hester Appleyard in the drama "Picnic at Hanging Rock," premieres this week.

Based on the acclaimed 1967 historical novel by Australian author Joan Lindsay, the Gothic mystery details the Valentine's Day disappearance of three students and a teacher from a girls' boarding school. It happens during a picnic at Hanging Rock, a popular destination in the southeastern state of Victoria. The book was previously made into a celebrated 1975 film by Peter Weir, and playwright Tom Wright crafted a stage version in 2016. The Dormer-led miniseries promises to be an intriguing new look at Lindsay's celebrated work.

That's not to say that executive producers Jo Porter, Anthony Ellis and Penny Win, or writers Beatrix Christian and Alice Addison have significantly changed Lindsay's original story. If anything, "Picnic at Hanging Rock" remains highly focused on the book's original mystery: the disappearance of the four young women. And much like Lindsay's novel and Weir's film, the new series makes the story more about the mystery itself than whether or not anyone is able to solve it.

With the benefit of six nearly hourlong episodes (as opposed to a single film or play), the series' length allows the showrunners to tell a much longer, more engrossing story. As a result, while Dormer's headmistress leads all six entries, the sheer amount of storytelling space lets the three disappeared students (Lily Sullivan's Miranda Reid, Samara Weaving's Irma Leopold and Madeleine Madden's Marion Quade) and teacher (Anna McGahan's Miss Greta McCraw) shine throughout flashbacks, dramatized retellings of witness accounts and dreamier interludes.

As a result, mystery fans will love the new miniseries. Those who enjoy the Gothic-style of storytelling will especially appreciate "Picnic at Hanging Rock," which combines the central story with a frightening array of seemingly supernatural phenomena. So if this sounds like your kind of puzzler, check out all six episodes when they begin streaming Friday on Amazon Prime.

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Circular fashion: long life for your clothing

The piece you wore one time has a better destiny than a trash can.

LUZ LANCHEROS
letters@metro.us

Imagine: You stop into Zara to buy an emergency top because you didn't remember that you had a party tonight. However, it is not your usual style. That is why afer one wearing it sits in your closet, until at some point your discard it.

Unfortunately, many people forget about the "circular fashion" cycle: reusing of pieces they not longer need.

It's estimated that only 1 percent of clothing is recycled worldwide. Millions of tons of plastic microfibers are produced by the clothing industry; estimates say they amount thrown into the world's waters is equal to more than 50 billion of plastic bottles.

"Seventy percent of the pieces that are thrown away are in good condition. But in other regions as Latin America, for example, there are clothing's with second and third use," says Lorenzo Velasquez Velez, director of investigation in innovation at Colombia-based Inexmoda.

That is why the circular economy concept is gaining popularity and is being applied in fashion: Everything you produce can be reused.

STELLA MCCARTNEY

93

companies which represent 207 brands signed the Circular Fashion commitment for 2020. They are going to reuse, resell and have more sustainable strategies.

| ETSY/URSAMAJORDESIGNS

1 Buy and use more sustainable brands

Ellen MacArthur foundation has a circular economy initiative in fashion. Brands as H&M, Burberry, Nike and Adidas are committed to reducing the waste of resources to produce clothing and boost recycling. In fact, H&M has as an objective of using only sustainable materials by 2030, and 35 percent of its pieces are already made with them. The brand also invites people to the pieces they don't use anymore. And while only 10 percent of that clothing will turn into new, the company is seeking technology to reach the goal of producing again with recycled fibers.

2 Recycled fibers

There are also options such as Etsy, which has many up-cycled clothing with artistic touches, made for people who want to buy something unique. ASOS, on the other hand, intends to release a collection with entirely recycled materials.

The students of Swedish Textile Academy participating in the project Re: Textile, Design for Redesign, are looking to do something similar. Their ambition is to create a textile factory where they could reuse the waste.

But if you prefer to search on your own, Pinterest could provide many ideas on how to reuse clothing that you do not want to use and do not want to throw away.

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Q&A

DR. ANNA BRISMAR
founder of Circular Fashion Network, Sweden

What is circular economy in fashion is all about?
The concept "circular fashion" is based on the main theories of circular economy and sustainable development. It relates to the fashion industry in a wide sense. Circular fashion relies on 16 key principles, which concern the entire life cycle of a product, from design to the product's end-of-life.

Why is it so important?
A "circular fashion industry" is fundamental for creating a sustainable global society, for numerous reasons. Firstly, the global fashion industry depends on vast quantities natural resources. Because many human activities and industries depend on the same resources, it is essential that we make wise, efficient and fair use of them, to ensure that they serve the needs and interests of all people in society, both today and in the future. Secondly, the fashion industry is also one of the most polluting and impactful industries on the planet. Third, because most of today's global fashion production takes place in poorer countries (such as in Bangladesh, Indonesia and India), where legislation and reinforcements are often weak or inexistent, the negative consequences of production are too often manifested as serious and widespread water, air and land pollution. For these and more reasons, we need to develop a circular fashion industry that makes wise, effective and fair use of the finite and precious natural resources available on our planet. We need industries that "cherish", "regenerate" and "restore" the environment, not "pollute", "deplete" and "destroy" what we have inherited from previous generations.

Tell us about your projects.
As sustainability consultant and owner of the consultancy Green Strategy, I work within any fashion, apparel and textile company in Sweden and internationally, from smaller businesses to large international chains. Our aim is to help clients develop and communicate their sustainability and circularity ambitions and ongoing work more successfully, based on key sustainability principles, circular thinking, best practice and latest research. In 2014, I founded the "Circular Fashion Network," which today has approximately 100 members, primarily in Sweden but also increasingly abroad. Through the network, I organize events, such as film seminars, workshops and after work, for its members, with the aim to facilitate dialogue, cooperation and networking, and to spread awareness and engagement in the area of sustainable and circular fashion at large. I also coined the term circular fashion, and since, I have developed a complete "framework of circular fashion," which includes the definition, the 16 key principles and 8 main categories of circular fashion, as 80 detailed goals.

In 2015, I developed and launched the online platform "Circularfashion.com", which is the original platform exclusively dedicated to circularity issues of the global fashion industry. This platform provides all the essential resources on circularity and fashion, that is, definitions, principles, concepts, videos and examples of projects and actors. In sum, thanks to my pioneering work in the field, I believe that my work has been instrumental for spreading the concept of circular fashion around the world.

Why do you think people are becoming more conscious?
Thanks to the international investigating media, people are generally more informed today about environmental problems around the world. Also, by traveling to far-away countries (particularly in Asia, Africa and South America), but also by spending time in our own environments, we now witness with our own eyes the negative consequences of our unsustainable lifestyles. At the same time, we see passionate advocators in social media, that is bloggers who are particularly engaged in sustainability and ethical issues, and, lastly, younger people are often more open-minded and ready to question the current "state of the art" than older generations.

CIRCULAR FASHION NETWORK INITIATIVES & PROJECTS

1 The Swedish apparel company Me&I
Dr. Anna Brismar worked with Me&I to develop its sustainability strategy, including vision, values, main goals, and action plan. Also, she supported them by developing central communication and educational materials in the area of sustainability and circularity.

2 Modin Showroom
Also, Dr. Brismar helped the new fashion showroom Modin in Stockholm by developing its Sustainability Manifesto. The Manifesto presents a number of key circularity principles that all new brands of the showroom must follow before being accepted.

3 Ellen MacArthur Foundation
Last year, Dr. Brismar was part of the expert panel for the Circular Fibers Initiative by the Ellen MacArthur Foundation, which involved giving feedback at several stages to the report "A New Textiles Economy: Redesigning Fashion's Future." (The next phase of this initiative is called "Make Fashion Circular.")

4 Circular Fashion – Show & Talk 2014.
In 2014, Dr. Brismar developed and organized the first circular fashion event in Sweden, involving numerous well-known brands, established event actors and sustainability professionals, all addressing circularity and fashion.

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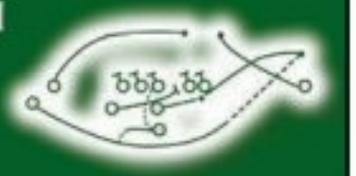

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THINGS TO DO

15 Fun things to do for Memorial Day Weekend

Staying in the city has its perks. **BRANDON BAKER**

Sail Philadelphia

A dozen tall ships dock at the waterfront, organized as a parade that sails on in for opening day, celebrating Philadelphia's maritime roots. Guests are given the chance to explore the ships and enjoy food and drink; guided and self-guided tours are available. **Through May 28, Penn's Landing 101 S. Columbus Blvd. sailphiladelphia.org , $7**

Silent Philly

An unconventional dance experience, partygoers wear headphones that light up red, blue or green, depending on what DJ they're listening to at the party. The result: a sea of dancers grooving in the late spring air ... in total silence. **May 26, 8 p.m. The Schmidt's Commons 1001 N. Second St. silentphilly.com $10**

Get your sail on at Penn's Landing this weekend with Sail Philadelphia. **PROVIDED**

THEATER

Test Flights

A community-oriented evening, hosted at the Philadelphia School of Circus Arts' "Circus Campus," this multi-disciplinary showcase is a glimpse at working artists in practice—curated by Physical Theatre Instructor Ben Grinberg. Held once per month, performing artists in the professions of circus, theatre, dance, music and spoken word unveil what they've been working on. Stick around for a small reception after, with drinks and light bites. **May 24, 8:15 p.m. Circus Campus , 6452 Green St. circadium.com Free**

Speakeasy

Written by Ben Oliver Deane and directed by Theo Wampler, this play follows the life of Kyle Kaleo, who navigates conversation like a chess match and, through an act of supernatural serendipity, acquires abilities that make him able to seamlessly navigate conversations. A cast of friends help him explore this mysterious new power and how to use it. **May 26, 7:30 p.m. Asian Arts Initiative 1219 Vine St. asianartsinitiative.org, $10**

COMEDY

Donnell Rawlings

Best recognized from Comedy Central's "Chappelle's Show" and credits on "Chelsea Lately," Rawlings expressive personality and frank jokes about black culture make him a standout comedian. Fans of HBO's "The Wire" may recognize him as recurring character Damien Lavelle. **Through May 27 Helium Comedy Club 2031 Sansom St. Philadelphia.heliumcomedy.com $16**

PARTIES

Bok Bar Opening

The South Philly rooftop bar—spacious and with a stunning view of the skyline—opens for the summer season, with a revamped menu of Middle Eastern street food. Fifty cents from every can of Founder's Solid Gold will be donated to Southwark Elementary School. **May 24, 5 p.m. Bok Bar 800 Mifflin St. bok-bar.com Pay as you go**

The Sounds of Philadelphia

WDAS FM radio personality Patty Jackson hosts this Philadelphia-centric showcase of music in support of the American Diabetes Association; $5 from every ticket goes to the association. Performing is soul group The Stylistics, R&B vocalists The Delfonics and Harold Melvin's Blue Notes. **May 26, 5:30 p.m., The Xcite Center 2999 Street Road, Bensalem parxcasino.com $35**

FESTIVALS

Parks on Tap at FDR Park

The fleet of food trucks and beer taps make their way to FDR Park this week, featuring the usual lineup of beer, wine and barbecue from FCM Hospitality. The beer garden will be open an extra day, to recognize the holiday. **Through May 28 FDR Park 1500 Pattison Ave. parksontap.com Pay as you go**

MUSEUMS

Tippler's Tour Kickoff

The first Tippler's Tour of the season is a Colonial-themed Old City bar crawl—the highlight being a drink with Ben Franklin. Tour stops: The Franklin, National Mechanics, Victoria Freehouse and City Tavern. **Betsy Ross House , 239 Arch St. May 24, 5:30 p.m. historicphila.org, $50**

Fireworks and Fountains

Longwood Gardens, known for the spectacle of its fountains as much as the wonder of its flowers, hosts a special fountain show and launches fireworks—one of only six times during the summer season the gardens produces its fireworks display. Those with lawn seats should come prepared with a lawn chair. **May 26, 9:15 a.m. Longwood Gardens 1001 Longwood Road, Kennett Square longwoodgardens.org $22**

Memorial Day Weekend at AmRev

To honor the lives of the country's first veterans, the 20,000 soldiers who gave their lives in the Revolutionary War, the Museum of the American Revolution will offer free admission to veterans and active or retired military for free from 10 a.m. to 5 p.m., courtesy of Comcast. To boot, for Sail Philadelphia, the museum will spotlight Revolutionary sailors, and the museum will also host the season's first "Once Upon a Nation" storytellers at the bench along the museum's plaza. **May 26 through May 28 Museum of the American Revolution 101 S. Third St. amrevmuseum.org Pay as you go**

MUSIC

John Fogerty and ZZ Top

Rocker John Fogerty, previously a founder of Creedence Clearwater Revival from more than 50 years ago, is the musician behind "Bad Moon Rising," "Proud Mary" and "Born on the Bayou." Known for his rockabilly, Fogerty performs his greatest hits as a solo artist—ahead of a new album release, coming later this year. **May 25, 8 p.m. Borgata Hotel Casino & Spa , 1 Borgata Way, Atlantic City, theborgata.com $99**

Philly Pops Memorial Salute

Comcast sponsors this outdoor concert featuring The Philly Pops, led by Maestro Todd Ellison. The orchestra will perform patriotic anthems and show tunes, performed by Broadway vocalist Nikki Renee Daniels and Philly's own Justin Hopkins. **May 26, 7 p.m. The Mann Center for the Performing Arts , 5201 Parkside Ave. phillypops.org , Free**

LGBT

Amateur Drag Attack

For a silly break from the more serious drag competitions, grab a beer and watch the up-and-comers do their thing in the upstairs lounge—with festivities hosted by Vanessa Sterling. The winner of last month's competition, Femme Blanc, performs. **May 25, 9 p.m. Tabu Lounge & Sports Bar 200 S. 12th St. tabuphilly.com Pay as you go**

SHOPPING

Fabric Row Fourth Friday

The shops of Fabric Row pitch up the "Come on in!" signs for another Friday of shopping specials, music and light bites. Moon and Arrow, Bus Stop Boutique, Follicle Studio and The Shaza Shop are among the many participating boutiques and shops. **May 25, 4 p.m. Fabric Row South Fourth Street, Pay as you go**

EAT LIKE AN INSIDER

Peter Hwang of SouthGate

Peter Hwang is the general manager and managing partner of SouthGate. PROVIDED

Who has the best burger in the city? Read on.

JENNIFER LOGUE
jennifer.logue@metro.us

Peter Hwang of SouthGate was born into the restaurant industry, but didn't immediately pursue a career in it.

"I grew up in the back of a fried-chicken shop in Center City and now find myself again, in the back of a fried-chicken shop in Center City," he says. "While I studied computer and information systems in school and started out doing data analysis, I found out the cubicle life wasn't for me. So I got back into the family business of restaurants."

What Hwang loves about this restaurant industry is being able to make an impact.
"It's challenging, always changing and rewarding every single time you know that someone chose to dine with us and enjoyed themselves," he says.

When he's not busy running SouthGate, Hwang enjoys spending time with his wife and young son as well as exploring Philly's food scene. In this edition of Eat like an Insider, he tells us about a low-key date spot with the best burgers as well as the most Instagrammable restaurant in the city.

Best late-night meal?
Royal Izakaya (780 S. 2nd St.). Whether you're sitting at the sushi counter for Jesse Ito's excellent omakase or pulling up a stool at the bar in the dark, loud, anime-filled dining room, you won't feel out of place by yourself. Excellent bartenders, fantastic Japanese beer and sake selections, or Jesse's impressive counter-side manner will put you at ease.

Best meal under $10?
Stargazy's (1838 E. Passyunk Ave.) traditional beef and onion pie and mash. It's simple, but so good. Anything from Stockyard would be another great choice.

Best hidden food gem?
Cafe Y Chocolate (2100 Norwood St.). This place is a bit off the beaten path, but it might not seem hidden with lines out the door at noon on the weekends. It's a fantastic place for brunch if you want something a little different from the normal brunch spot.

Best place to dine alone?
SouthGate (1801 Lombard St.). Gratuitous plug, but I'm a guy who loves beer, whiskey, hearty food and friendly bartenders who have interesting points of view. And I made sure we've got those things in spades at SouthGate.

Place you take out-of-towners?
Double Knot, Broiled Seabass Philadelphia has a fantastic food scene. We're not New York, and we're pretty proud of that. A lot of the best places in town are often converted rowhomes or tiny holes in the wall — great food no fuss. But if you're taking someone out to dinner from New York, L.A. or San Francisco, then Double Knot (120 S. 13th St.) is a great spot. It's got amazing design by Kate Rohrer and awesome luxe izakaya-style food from Michael Schulson and Kevin Yanaga.

Go-to date spot?
Village Whiskey (118 S. 20th St.). My wife and I have a bit of a tradition where we'd come here for Valentine's Day and we'd have a nice section of the bar to ourselves since most couples tend to be somewhere a stuffy or "date-y". I'm a lucky guy. I can still remember the first time we had the whiskey king burger here. Had to pick our jaws up off the floor.

Best place to catch up with friends?
Pub and Kitchen (1946 Lombard St.). This place has good food, great bartenders and an excellent selection of beer and whiskey. Their bar is always bustling, so it's a good place to bring friends whether it's to chat with the bartenders or stake out a corner at the counters in the window.

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Chickie's & Pete's wants to pay your tolls to the shore

It all happens tomorrow evening.

JENNIFER LOGUE
jennifer.logue@metro.us

Free tolls on the Atlantic City Expressway? No, it's not fake news — it's totally legitimate thanks to Philadelphia-based crab house and sports bar, Chickie's & Pete's.

On Friday, May 25 between 5 p.m. and 6 p.m., they will be paying tolls for families at the Egg Harbor Exit to kick off Memorial Day Weekend.

For the fifth year in a row, Free Toll Friday is in honor of veterans and helps thousands of families save money in toll costs to the Jersey shore. Over Memorial Day Weekend 2018 alone, over 285,000 motorists are expected to use the Atlantic City Expressway.

PROVIDED

"We absolutely love Free Toll Friday," says Chickie's & Pete's founder and CEO, Pete Ciarrocchi in a press release. "Paying for the tolls for Expressway travelers on the Friday of Memorial Day Weekend is an annual tradition that puts everyone in a good mood as we get summer started."

Honoring veterans is important to Ciarrocchi as he comes from a military family.

"My dad and my uncles were all in the military," he says. "In fact, my Uncle George, who was my restaurant mentor, won the Silver Star for bravery. He was quite the guy and I couldn't think of a better way to honor him."

In addition to free tolls on Free Toll Friday, there will also be free family fun at Frank Farley Travel Plaza from 11 a.m. to 4 p.m., including giveaways of their famous crab fries, free crabby kettle corn (a collaboration between Herr's and Chickie's & Pete's), appearances by the Philadelphia Soul Cheerleaders and more.

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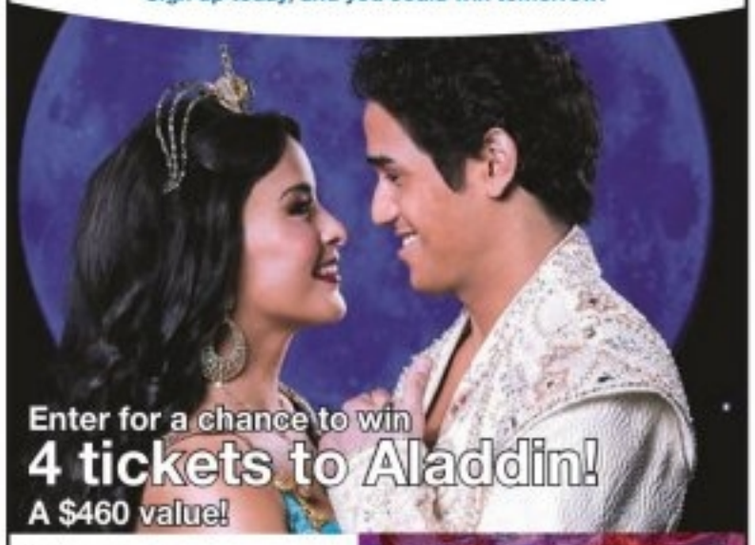
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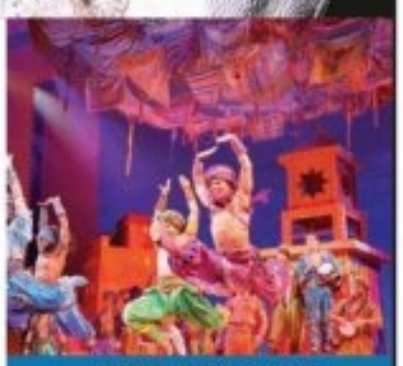
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NOTICE OF PUBLIC AUCTION

On May 30th 2018 at 11am Storage Sense at 1000. South Easton Road, Wyncote PA,19095 (215-635-2007) will hold a public auction. The auction will take place online at StorageAuctions.com. Bidding will start May 18th 2018 and end May 30th 2018 at 11am. Items will be sold to the highest bidder for cash.

The following units contain household items, boxes, furniture and/or personal goods, and other items.

David Lynch 2355, Sonya Gaskins 2360, Donna Ambrose 2182,
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Nashville, Tennessee, earned the nickname "Music City" for fostering some country-music legends, but there are many other places in the U.S. that have left their mark on American music. Other cities may be recognized today for their live music venues and festivals, but these were the original music destinations.

Clarksdale, Mississippi
Known as the "Ground Zero of the Blues," Clarksdale is where you'll find the best places to catch live blues music. Start at the Ground Zero Blues Club and order a batch of Delta tamales, a local staple. Tour the Delta Blues Museum fto learn about the area's history and its musical ties. Visit during the Juke Joint Festival when artists perform at art galleries, bars, and even on the street.

Macon, Georgia
Set in the heartland of the Peach State, the small town of Macon was where acts like Little Richard, Otis Redding and the Allman Brothers Band spent time before hitting it big. A number of acts, especially Souther-rock bands, were supported by Alan Walden and his Capricorn Records. Rock Candy Tours is run by Walden's daughter and her husband, and documents the music history of the city. Grab breakfast at H&H Restaurant, where the Allman Brothers used to dine before hitting it big. Tour the brothers' home at the Big House Museum. Grant's Lounge and Hargray Capitol Theatre also host live music acts. Don't miss Bragg Jam, an annual festival created in honor of local musicians that died in a car accident.

The Triangle, North Carolina
Like Virginia, the state of North Carolina has ties to all sorts of music, especially bluegrass. But it's the college towns of Chapel Hill, Raleigh and Durham, known collectively as "The Triangle," that launched the careers of many rock bands. Starting in the 1950s, the Triangle town of Carrboro fostered acts like James Taylor through the Cat's Cradle Coffeehouse, which still hosts bands. In more recent years, bands like Superchunk, Squirrel Nut Zippers and Ben Folds Five rose through the ranks in Chapel Hill. Make sure to catch a show at The Cave, where you might see an act before they hit it big.

Richmond, Virginia
Virginia blues, rock, and folk bands. Old Crow Medicine Show hails from Harrisonburg, while Dave Matthews Band was formed in nearby Charlottesville. But Richmond's music legacy has a bit more edge to it. The punk and metal scene was formed in the 1990s at clubs like Twisters and Strange Matter, and bands like Gwar and Lamb of God both formed at Virginia Commonwealth University. While you're in town, visit GWARBar, a restaurant owned by the eccentric band, and peruse the record stores and music stores in Carytown.

Check out the full list over fodors.com/news/photos/12-best-american-music-cities-that-arent-nashville

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SPORTS

Former Raiders linebacker NaVorro Bowman is available. GETTY IMAGES

3 Linebackers the Eagles could pick up

The Birds are suddenly in need of some help at the linebacker position.

JOVAN ALFORD
sports@metro.us

The Philadelphia Eagles were dealt a huge blow in two ways to their linebacker unit on the first day of OTAs. The team lost Paul Worrilow for the 2018 season with a torn ACL, after he collided with teammate Corey Nelson during practice.

The Eagles signed Worrilow to a one-year deal in April and hoped he would provide depth to a maligned linebacker unit. Then, if matters could not get worse for the Eagles, they shockingly released veteran Mychal Kendricks, who spent the last six years in Philadelphia.

Kendricks has been the subject of trade rumors over the last few seasons, but played the best football of his career last season when the Eagles lost both Jordan Hicks and Joe Walker to injury.

With these two departures, the Eagles' linebacker unit is now in flux. Who can they grab off the free agent to remedy their problem?

Here are three linebackers that can help the Eagles this season.

1 Keenan Robinson

Robinson has spent his entire career in the NFC East with both the Washington Redskins and New York Giants, so why not join the Eagles? Robinson, 28, played the last two seasons with the Giants and was productive for the most part.

In 2016, Robinson played in all 16 games (started in six) and racked up 79 total tackles and seven pass deflections. He also played 70.2 percent of defensive snaps, which was second highest out of all the Giants' linebackers.

Following his solid 2016 campaign, Robinson got hit with the injury bug and only played in six games last season. The 28 year-old would be a great addition for the Eagles as he can play multiple linebacker spots, which is good news for defensive coordinator Jim Schwartz.

2 Dannell Ellerbe

This is a familiar face for Eagles fans as Ellerbe was signed late last season when Joe Walker struggling. Walker was the replacement for Hicks at middle linebacker, but did not look good in pass coverage.

However, the 32-year-old Ellerbe did not make much of an impact either, only playing in three regular season games. He would be a cheap option for the Eagles and a placeholder until training camp cuts rolls around.

3 NaVorro Bowman

Bowman would be an instant playmaker over both Robinson and Ellerbe if the Eagles were to sign him. Even though, he is 29 years old, the former Penn State linebacker can still be productive.

In 15 games last season with both the San Francisco 49ers and Oakland Raiders, Bowman compiled 127 total tackles, three pass deflections, and 1.5 sacks. While he may not be the All-Pro linebacker that fans fell in love with a few years ago, he can still be of use to an outstanding Eagles' defense.

Not to mention, Schwartz would not have to force Nate Gerry or Kamu Grugier-Hill into a starting role.

Foles rumors

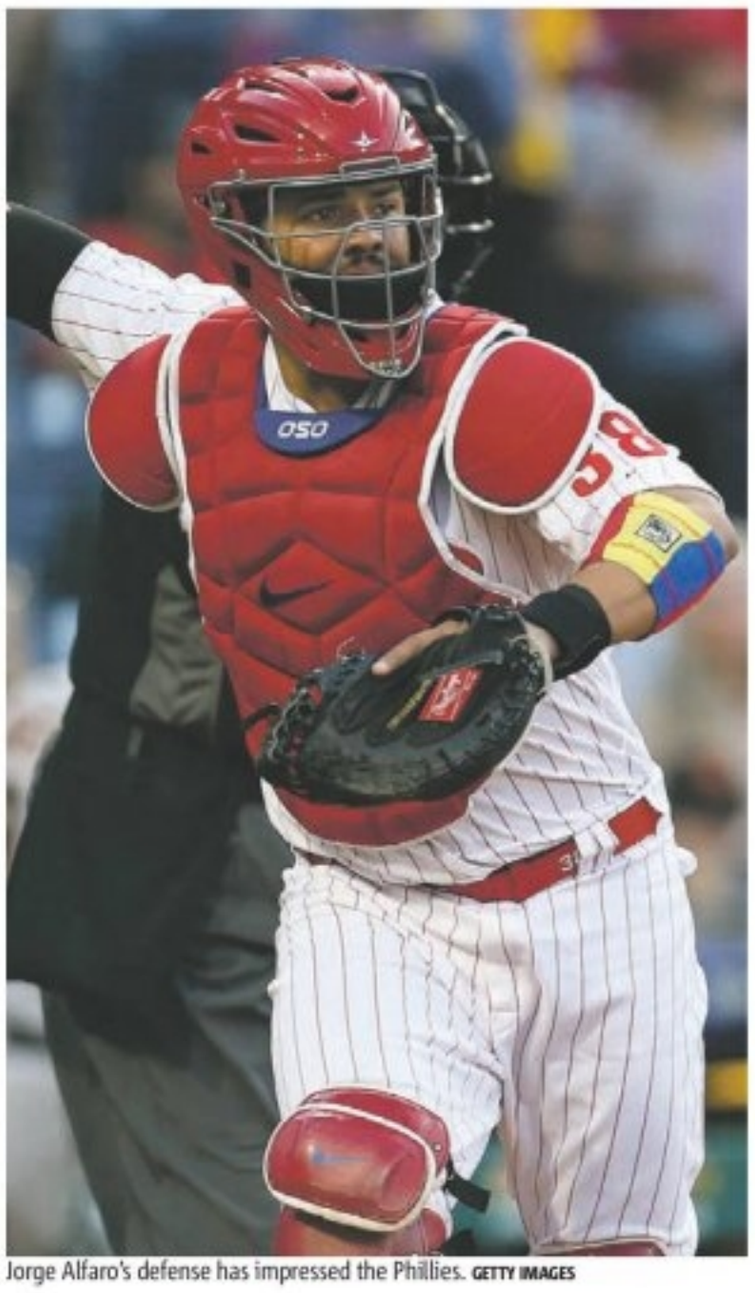
Super Bowl LII MVP quarterback Nick Foles was almost on his way out the door to the Dawg Pound.

According to Mike Silver of the NFL Network, the Cleveland Browns reportedly offered the No. 35 pick in last month's NFL draft, in exchange for the Eagles' quarterback before the new league year began.

At the time, it was not surprising to see the Browns try to acquire Foles as they tried to rebuild their quarterback room from scratch. Since they could not get Foles, the Browns opted to trade for Buffalo Bills quarterback Tyrod Taylor.

Silver also reported that the Eagles ran the scenario by the Super Bowl MVP, who preferred to stay in Philadelphia.

Phils' Jorge Alfaro showing flashes of 'Pudge'



Jorge Alfaro's defense has impressed the Phillies. GETTY IMAGES

Phillies manager Gabe Kapler is seeing a lot of Hall of Famer Ivan Rodriguez in catcher Jorge Alfaro's defense.

JEFF MCMENAMIN
sports@metro.us

By no means do Phillies catcher Jorge Alfaro's numbers this season jump off the page.

In 106 at-bats, Alfaro is batting just .255 with four home runs and 10 RBI. In fact, some would say that he has taken a step back from last season as in one more at-bat, he hit .318 with five home runs and 14 RBI.

But what he does in the batter's box is not what makes Alfaro so important to the Phillies. If he can continue to show value behind the plate like he did in Monday night's 3-0 win over the Braves, he'll be an every-night starter in no time.

He made sensational plays to keep the Phillies' momentum alive all game. In the seventh inning, with the Phillies holding a 1-0 lead, Alfaro caught Johan Camargo stealing at second base for the second out. The next batter, Dansby Swanson, dribbled the ball in front of the plate and Alfaro tossed a bullet to first for the third out. Alfaro ended the game by fielding a bunt and sending a laser just in time to beat the Braves' Ender Inciarte.

"I don't know if there's another catcher that I've ever seen — and I played with Pudge [Ivan Rodriguez] — that makes that play in the ninth inning," Phillies manager Gabe Kapler said. "[Alfaro] is spectacularly talented, spectacularly athletic, incredibly durable. He's starting to look like a guy who is going to be a fixture in our lineup for a long time."

Ivan "Pudge" Rodriguez was one of the best catcher's in MLB history from a defensive standpoint. He's tied with Reds great Johnny Bench for the most Gold Glove awards at the position with 10.

"I don't know if I believe that," Alfaro said of Kapler's praise. "But it means a lot to me that the manager has a lot of confidence in me."

Alfaro and Rodriguez spent some time with each other when Alfaro was with the Rangers organization earlier in his career. He was traded to the Phillies in 2015 as a part of the Cole Hamels deal.

"Pudge and Alfaro know each other. I think Pudge is a fan of Alfaro," Kapler said. "From an athleticism standpoint, arm strength, foot speed, quickness, they're neck-and-neck, at worst."

The Phillies organization has had the luxury of having some great catchers in recent years. Darren Daulton, Mike Lieberthal and Carlos Ruiz all became All-Stars with the Phillies. Maybe they've found their next man who can reach that milestone in Alfaro.

For now, the team is hoping that Alfaro can continue his success in this series against the Braves to help move them into first place in the National League.

"This series is very important for us because we really want to be in that first place," Alfaro said. "These days we're going to be competing for that. We want to move up to first place."

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No. 10 pick is boom or bust

NBA history shows a mixed bag of players being picked at No. 10 in the draft.

JOVAN ALFORD
sports@metro.us

Paul George is one of the better No. 10 picks in NBA history. GETTY IMAGES

After a successful 52-win season that saw the Philadelphia 76ers receive a top-three seed in the NBA playoffs, win a first-round series against the Miami Heat, and the exponential growth of Joel Embiid and Ben Simmons — the foreseeable future is looking bright for the Sixers.

That future or "The Process," which 76ers fans have grown to love, got better earlier this month when Philadelphia received the No. 10 overall pick in the 2018 NBA Draft. At No. 10, the Sixers have a chance to select a player who can either be a contributor right away or just be another NBA player.

The last time the Sixers held the 10th pick was in the 2014 NBA Draft, where they selected point guard Elfrid Payton, who was eventually traded to the Orlando Magic for Croatian forward Dario Saric. Saric was selected at No. 11.

If you take a look at the 10th pick over the last 10 years or so in the NBA draft, it is truly a game of chance on the type player you get there. If the Sixers are lucky, they could potentially end up with impact players such as Paul George or C.J. McCollum, who were drafted at No. 10 overall by the Indiana Pacers and Portland Trail Blazers in the 2010 and 2013 drafts.

George has become a star in the NBA, taking the Pacers to a couple of Eastern Conference Finals appearances in his time there, and he had his moments this season with the Oklahoma City Thunder. McCollum, just like George, is developing into a fantastic guard, complementing Damian Lillard, and giving Portland a dynamic 1-2 punch.

However, for every George and McCollum, there is a Brook Lopez (2008), Brandon Jennings (2009), Jimmer Fredette (2011), and Austin Rivers (2012). The names listed are just serviceable NBA players or barely hanging onto an NBA career. Both Fredette and Jennings have traveled overseas to continue their professional careers.

If you are Sixers head coach Brett Brown and general manager Bryan Colangelo, you do not want to end up with a player like Fredette, who was an outstanding college player but struggled in the NBA.

Luckily, with the talent that the Sixers have acquired over the years, whomever they draft at No. 10 does not have to be the savior of the franchise.

This is what happened to Andrew Bynum, who was drafted straight out of high school with the 10th pick in the 2005 NBA Draft by the Los Angeles Lakers. Even though Kobe Bryant was still in his prime and dominating, Bynum had to live in the shadow of great Lakers big men like Shaquille O'Neal and Kareem Abdul-Jabbar.

Bynum, however, could not live up to those expectations. He was traded in a blockbuster deal that sent to him the Sixers, where his career ended.

The Sixers are hoping they do not end up with the next Bynum, but rather the next Paul Pierce or Eddie Jones. Both players had good to great NBA careers.

Speaking of Pierce, the Sixers made a mistake in the 1998 draft passing on him and Dirk Nowitzki, opting for Larry Hughes with No. 8 overall pick.

This mistake must not happen again in next month's draft.

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Another fact many are not aware of is that HECM reverse mortgages first took hold when President Reagan signed the FHA Reverse Mortgage Bill into law 29 years ago in order to help senior citizens remain in their homes.

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Although today's HECM loans have been improved to provide even greater financial protection for homeowners, there are still many misconceptions.

For example, a lot of people mistakenly believe the home must be paid off in full in order to qualify for a HECM loan, which is not the case. In fact, one key advantage of a HECM is that the proceeds will first be used to pay off any existing liens on the property, which frees up cash flow, a huge blessing for seniors living on a fixed income. Unfortunately, many senior homeowners who might be better off with HECM loan don't even bother to get more information because of rumors they've heard.

That's a shame because HECM loans are helping many senior homeowners live a better life.

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While these special loans are not for everyone, they can be a real lifesaver for senior homeowners.

FACT: In 1988, President Reagan signed an FHA bill that put HECM loans into law.

The cash from a HECM loan can be used for any purpose. Many people use the money to save on interest charges by paying off credit cards or other high-interest loans. Other common uses include making home improvements, paying off medical bills or helping other family members. Some people simply need the extra cash for everyday expenses while others are now using it as a "safety net" for financial emergencies.

If you're a homeowner age 62 or older, you owe it to yourself to learn more so that you can make an informed decision. Homeowners who are interested in learning more can request a free 2018 HECM loan Information Kit and free Educational DVD by calling American Advisors Group toll-free at **1-800-791-1598**.

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[1]Source: http://reversemortgagedaily.com/2016/06/21/seniors-home-equity-grows-to-6-trillion-reverse-mortgage-opportunity. [2]If you qualify and your loan is approved, a Home Equity Conversion Mortgage (HECM) must pay off any existing mortgage(s). With a HECM loan, no monthly mortgage payment is required. A HECM increases the principal mortgage loan amount and decreases home equity (it is a negative amortization loan). AAG works with other lenders and financial institutions that offer HECMs. To process your request for a loan, AAG may forward your contact information to such lenders for your consideration of HECM programs that they offer. When the loan is due and payable, some or all of the equity in the property no longer belongs to borrowers, who may need to sell the home or otherwise repay the loan with interest from other proceeds. AAG charges an origination fee, mortgage insurance premium, closing costs and servicing fees (added to the balance of the loan). The balance of the loan grows over time and AAG charges interest on the balance. Interest is not tax-deductible until the loan is partially or fully repaid. Borrowers are responsible for paying property taxes and homeowner's insurance (which may be substantial). We do not establish an escrow account for disbursements of these payments. A set-aside account can be set up to pay taxes and insurance and may be required in some cases. Borrowers must occupy home as their primary residence and pay for ongoing maintenance; otherwise the loan becomes due and payable. The loan also becomes due and payable when the last borrower, or eligible non-borrowing surviving spouse, dies, sells the home, permanently moves out, defaults on taxes or insurance payments, or does not otherwise comply with the loan terms. American Advisors Group (AAG) is headquartered at 3800 W. Chapman Ave., 3rd & 7th Floors, Orange CA, 92868. (Licensed by the Pennsylvania Department of Banking 28356),. V2017.08.23_OR

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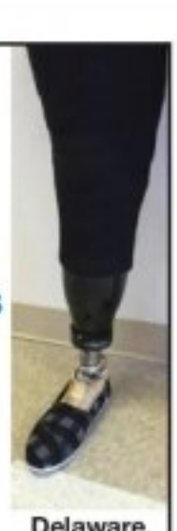

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General Help Wanted

TTC TOTAL TRANSPORTATION CORP.

SCHOOL BUS DRIVERS
AND BUS ATTENDANTS WANTED

• Immediate Openings
• Competitive Wages • Benefits Package
• Benefit Rate and Non-Benefit Rate
• Training Available for
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• Classes Forming Now
•$500 SIGN-ON BONUS FOR DRIVERS
WITH CURRENT CREDENTIALS

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TTC TOTAL TRANSPORTATION CORP.

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Wanted
Paratransit Operations

$13.00 Starting Pay after June 3rd

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GAMES

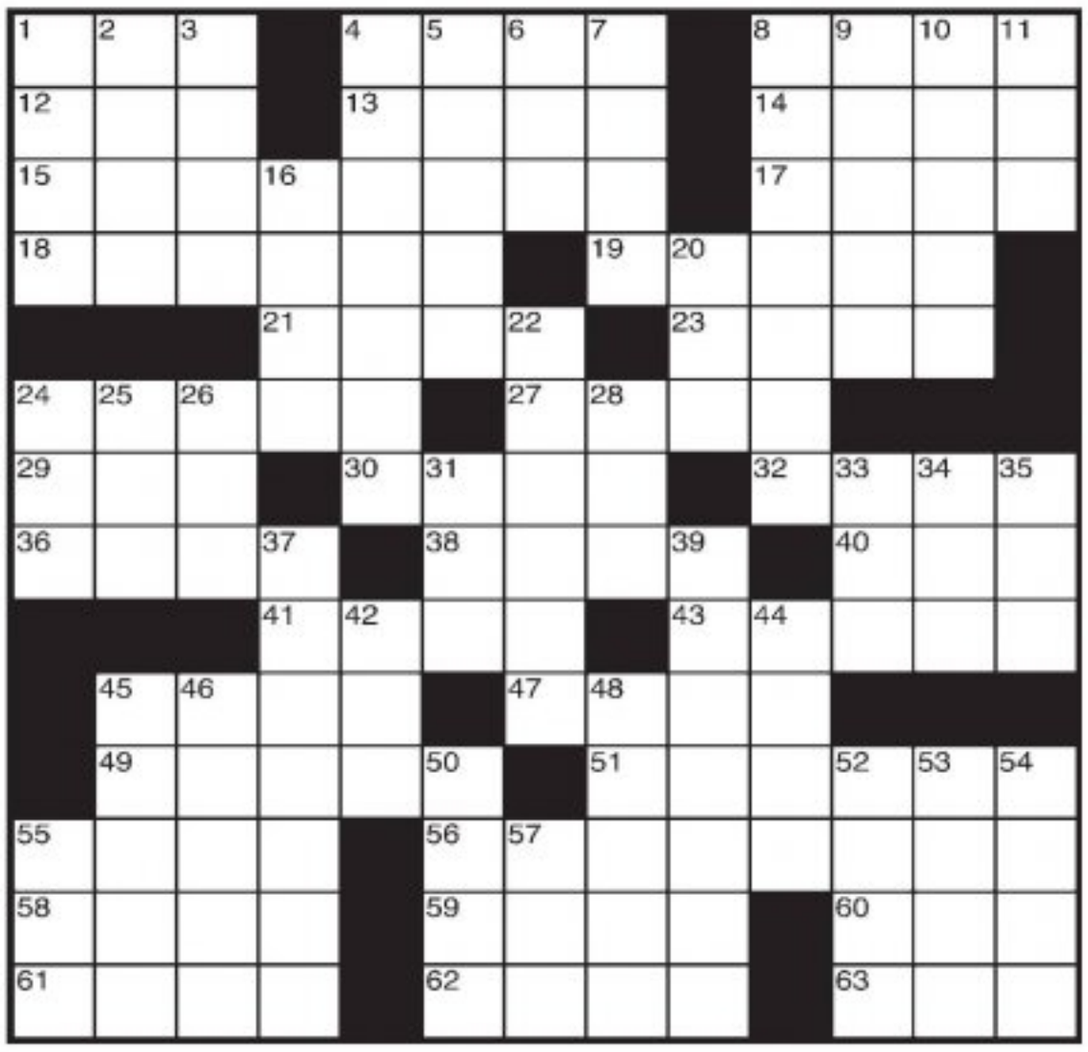
metro.us/crossword

ACROSS

1 NBA stat
4 Ancient plant
8 Count tree rings
12 Want-ad letters
13 Mental picture
14 Foreign visitors?
15 Campaigner
17 Brood
18 Like the ocean
19 "The Plague" novelist
21 Non-soap opera
23 Devious
24 Good farm soils
27 Disgusting
29 Gamy
30 Sleek
32 Wise one
36 Scarlett's mansion
38 Auto supplies store
40 Resinous deposit
41 Wipe the woodwork
43 "Where's --?"
45 Hoofed animal
47 Blissful spot
49 Brooks
51 Purplish flowers
55 Calf-length
56 Humongous
58 Roasting chamber
59 Excuse me!
60 Before, in combos
61 Wizened
62 Face part
63 Hedge shrub

DOWN

1 Chest muscles
2 Prefix for "trillion"
3 Inner self
4 Concert performer
5 Tacked on
6 Confederate general
7 Antony or Chagall
8 Ninnies
9 Run -- of the law
10 -- -turvy
11 Vane dir.
16 Yul's film realm
20 Pointed tool
22 Fly a plane
24 Parcel of land
25 Two -- -- kind
26 Windhoek's cont.
28 Baby sitter's bane
31 ER staffers
33 100 percent
34 Roam
35 Environmental prefix
37 "Sweet" girl of song
39 Beyond rad
42 Web address
44 Cookout intruders
45 Inner motivation
46 Diving duck
48 Valleys
50 Flip through
52 Catch sight of
53 Red inside
54 Did in the dragon
55 Wks. and wks.
57 Cry of discovery



metro.us/sudoku

easy

		7						
		6	1	4			9	7
			3		5	1		
	7	3	5	8		2		
	5			9			7	
		4		2	7	5	3	
		9	2		4			
3	4			5	8	9		
						8		

hard

	9		4				1	
		6			3	5	9	4
		4	9					
6	1							8
	8		6	9	4		3	
5							6	2
					1	4		
4	6	1	5			3		
	3				9		8	

metro.us/games

PAR SCORE 95-105

							RACK 1
F4	N1	T1	A1	E1	D2	I1	
							RACK 2
E1	S1	O1	R1	P3	P3	S1	2nd Letter Double
							RACK 3
R1	L1	N1	O1	R1	R1	P3	Double Word Score
							RACK 4
O1	R1	T1	T1	U1	R1	P3	

Yesterday's Scrabble answers.

G2	R1	A1	N1	U1	L1	E1	RACK 1 =	66
E1	R1	S1	A1	T1	Z10		RACK 2 =	45
F4	A1	M3	I1	S1	H4		RACK 3 =	14
D2	E1	F4	I1	C3	I1	T1	RACK 4 =	71
							JUDD'S TOTAL	196

PAR SCORE 125-135

Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Seven-letter words get a 50-point bonus. "Blanks" used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Yesterday's Crosswords

H	U	R	L	■	P	S	T	■	A	S	P	S		
E	R	I	E	■	A	H	A	■	P	O	L	O		
M	A	C	E	■	B	O	R	D	E	A	U	X		
■	L	O	C	A	L	E	■	U	M	P	S	■		
■	■	■	H	B	O	■	M	E	A	■	■	■		
L	I	M	E	S	■	W	A	L	N	U	T	■		
O	B	I	S	■	L	A	Y	S	■	C	R	O		
G	I	N	■	O	U	R	S	■	P	L	E	A		
■	S	T	A	B	L	E	■	R	O	A	S	T		
■	■	■	I	O	U	■	N	E	O	■	■	■		
■	Y	O	K	E	■	F	A	L	L	O	W	■		
T	A	L	I	S	M	A	N	■	I	R	O	N		
S	L	E	D	■	V	I	N	■	N	A	V	E		
P	E	S	O	■	P	L	Y	■	G	L	E	E		

Can't wait until tomorrow to check your answers? Visit **metro.us**

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TURN BACK TO PAGE 19 FOR HOROSCOPES

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OSTEOARTHRITIS

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Are you still feeling depressed?

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Transportation and compensation up to $7,500 for time and travel may be available.

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For more information, call toll-free 866-264-4545 or visit HRITrials.com

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If so, please contact HRI Trials today about research studies of investigational medications for bipolar depression.

Qualified participants must:

• Be at least 18 years of age • Currently experience symptoms of Bipolar disorder

Qualified participants receive:

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• Compensation up to $600.00 for time and travel

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For more information, call 866-350-6464